Bathing Without a Battle
Chapel Hill, NC : University of North Carolina at Chapel Hill, 2003. DVD (40 min.)

The Bathing Without a Battle: Creating a Better Bathing Experience for Persons with Alzheimer's Disease and Related Disorders CD and video package teaches person-centered methods for making the bathing experience more enjoyable for both care givers and the people they are bathing.

The package includes an interactive educational CD plus an instructional lecture-demonstration, available in VHS or DVD format. Research has shown that the methods and principles displayed on the CD and video will make a positive difference in bathing for both people with dementia and their caregivers.

“The 40 minute DVD is a great resource to promote resident centered bathing with a focus on understanding the resident’s behavior when the bathing experience does not go well. It provides real life illustrative examples of unpleasant and pleasant bathing experiences; demonstrating the changes to approach, technique and surroundings that are necessary to achieve the goal of a positive bathing experience. “Judy Robertson CNS, WRHA, PCH Program

Ex Memoria,
Bradford Dementia Group, 2006 DVD (15 min.)

Ex Memoria is a short film project with an outreach programme supported by The Wel-lcome Trust.

It is being distributed widely to the UK care community and is relevant to all those working in the areas of dementia and alzheimer study and care. The film comes with a study pack specially written to assist carers.

The fifteen-minute film takes us into a day in the life of Eva, putting us face to face with one person's experience of old age and dementia. It boldly forces us to face her lived reality as she moves in and out of the momentary, the half-remembered, the partly imagined. We watch as her trouble past returns to haunt the present.

“In this short (15min) fiction video, the camera focuses for the entire time on the face of Eva, an elderly female resident of a nursing home. This is a stark but thought provoking glimpse into the lives of our residents, and how their memories shape their realities. This video is an excellent choice for staff to view and discuss as it challenges us to consider how the circumstances that care givers take for granted are interpreted by our residents.” Luana Whitbread, Clinical Nurse Specialist, PCH Program, WRHA
A DVD for long-term care nurses to assist in oral care for residents with dementia. Based on the RNAO Best Practice Guideline Oral Health.

“This brief DVD provides wonderful information and situational demonstrations for the different stages of dementia and the challenges that might arise when trying to provide oral care for the resident. I recently used this teaching tool for a staff member who did not understand different approaches for doing oral care for a resident with dementia.

After discussing the DVD, the staff member gave me a return demonstration with marked improvement over what I had seen prior to the education session. I would absolutely recommend it as an educational tool for health care staff.” Mary Young, Sharon Home.

Partners in Care: A Training Package for Involving Families in Dementia

Part of the Bradford Dementia Group Good Practice series, this training package, comprising a booklet and DVD, is designed to encourage family participation in the care home and develop a constructive partnership between staff in care homes, families and people with dementia. The DVD and booklet provide material for four separate training sessions for use by mixed groups of relatives and care home staff. Each session explores a different theme: sharing information, sharing the care, developing supportive relationships and making it work. With a clear and flexible layout, group exercises and notes for the facilitator, this training package will enable professionals and relatives to develop positive and fulfilling ways of working together and improve the level of care for those with dementia. This practical training package complements the book Involving Families in Care Homes: A Relationship-Centred Approach to Dementia Care (Woods, Keady & Seddon) and will be an essential resource for care home professionals and family members who wish to improve relative-resident relationships for those with dementia.

“The Partners in Care DVD gives staff a great introduction to the key points of developing relationships with residents and their family members. Staff would benefit from viewing the DVD during their orientation.” Nancy Feibelkorn, Social Work, Deer Lodge Centre


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Switching on a light: 
An introduction to life story work and people with dementia.
Stirling: Dementia Services Development Centre, University of Stirling, c2007. DVD (8 min.)

Filmed in a nursing home, this DVD uses interviews with practitioners and people with dementia. An accompanying booklet gives more detailed information about getting started and the issues that need to be considered and provides a suggested outline for a training session.

"This 8 minute DVD highlights the importance of exploring and understanding the unique life story of each resident. The DVD demonstrates the benefits of life story work for the resident, family and staff, including the reinforcement of long term memories and the enhancement of a sense of self-esteem and individuality. It also addresses several issues around life story work, including meeting the challenges of compiling the life story. Included with the DVD is a booklet that provides guidance on establishing educational sessions on life story work." Susan Bernjak, Clinical Educator, WRHA PCH Program

Alzheimer’s and dementia support groups for families and friends. Trinity Healthforce Learning, 2005. DVD (30 min.)

Susan Miller RN, MSN, MBA is a nurse educator who provides expert advice and tips on how to initiate and organize a support group. Susan focuses on common activities, advocacy and community resources and referrals. Recommended topics for group discussion are the behavioural and physical manifestation of the disease; etiology; current medication treatment; end of life, and dealing with finances.

“Good basic introduction if you are looking to start an Alzheimer’s support group. Good tips and suggestions. The presenter is clearly experienced and aware of all the pitfalls and major issues associated with this type of group.” Brenda Olcen, Manger, Social Work, Deer Lodge Centre.

Check out these videos on dementia themes at your local video store:

Away from Her
A man coping with the institutionalization of his wife because of Alzheimer’s disease faces an epiphany when she transfers her affections to another man, Aubrey, a wheel chair-bound mute who also is a patient at the nursing home.

The Savages
A sister and brother face the realities of familial responsibility as they begin to care for their ailing father.

A Song For Martin
Famous composer Martin meets concert master Barbara at one of his performances, and the two fall in love. After divorcing their spouses, Martin and Barbara marry and begin a happy life together. Five years later, as the couple is working on a new opera, Martin is diagnosed with Alzheimer's disease. As Martin’s condition worsens and his personality changes, the couple strain to hold on to the love that once brought them together.

Iris
True story of the lifelong romance between novelist Iris Murdoch and her husband John Bayley, from their student days through her battle with Alzheimer’s disease.

The Notebook
The movie focuses on an old man reading a story to a woman in a nursing home who is losing her memory.

In this video, the CBC Marketplace Report gives us a frank look at a growing problem in nursing homes -- seniors are turning on each other. A reporter for Marketplace was able to document aggressive behaviour between residents in Ontario nursing homes. The reporter witnessed how slow staff are to react to incidents due to low staffing levels and complacency. Aggression and violence among residents has become an everyday occurrence and is seen as “acceptable behaviour by staff”. The problem is becoming systemically worse as more people with dementia, schizophrenia and acquired brain injury are placed in facilities, like the Dorothy Macham Home, that can accommodate aggressive behaviours.

“Don’t turn your back on this problem as it will only get bigger. It is our duty as health care providers to protect and advocate for both parties”. Patricia Major T4, Deer Lodge Centre

I’m still here: a research-based drama on living with dementia.

I'm Still Here is a research based drama on living with dementia from the perspective of the individual, their family, and friends. Follow this poignant drama as it shows you the fears and emotions just prior to diagnosis; at initial diagnosis and eventual placement in long-term care. The message brought home is that persons with dementia are still living, still wanting to be needed and involved in loving relationships. I'm Still Here is a teaching learning guide to understanding living with dementia. This video will benefit clinicians in acute and long-term care; allied health; educators; volunteers and family members. It also serves as affirmation to those living with dementia. A guide accompanies the video to complete this invaluable educational tool.

I’m Still Here is a presentational play performed by actors who performed their roles energetically and passionately. They succeeded in realistically depicting the various perspectives of all the people who are involved with the individual with dementia. The play depicts shock, denial, bargaining, guilt, depression and hope: all stages of grieving. The overall impact of the play was truthful and sensitive, acknowledging everyone’s’ emotional turmoil with this disease. Sylvia Ptashnik, Deer Lodge Centre

Alzheimer’s Society UK:
Videos made by Alzheimer’s Society and its supporters
http://www.alzheimers.org.uk/multimedia

Dementia Care Journey
This short video clip depicts typical progression of the effects of dementia on ability to speak
http://www3.dementiacarecentral.com/?id=5819:29624

Baycrest Centre. Communicating with individuals who have Dementia
http://www.baycrest.org/MemoryandAging/Session_3/default_52.asp

Understanding Alzheimer Disease
The Alzheimer Society of Canada has created a video and workbook series called The Alzheimer Journey.
http://www.alzheimer.ca/english/disease/whatisit-